



Semester/Year: Spring, Summer, Fall
2012
Number of Open Positions: 1

Volunteer Job Description – Intern or Practicum Student

Request Date: January 2012 **Target fill date:** Immediately

Job Title: Healthy Lifestyles Intern

Objective: Coordinate cooking demos for clients and farmers markets to encourage the use of new veggies, collect recipes to produce a client cookbook, facilitate a cooking class for the community, and work with the Junior Board to coordinate community events at the farm such as a movie night

Department: Global Farm

Volunteer Supervisor: Whitney Sewell, Farm Program Coordinator

Location: International Institute of Saint Louis

Time commitment: 10-20 hours per week

Responsibilities: Coordinate cooking demos for clients and farmers markets to encourage the use of new veggies, collect recipes to produce a client cookbook, facilitate an ethnic cooking class for the community, work with the Junior Board to coordinate community events at the farm such as a movie night

Qualifications: Multi-lingual or experience working with refugees, self-starter, knowledge and appreciation of ethnic cooking or foods, interest in the health of the greater Saint Louis community, grant writing skills always a plus, basic knowledge of technology used to create videos, document your experiences, and possibly generate a cookbook

Training Requirements: General introduction to the farm program, farmers, and curriculum given by the Farm Program Coordinator

Benefits to Volunteer: While the Global Farms is focused on training refugee farmers how to grow produce in the Saint Louis area, we are invested in increasing the healthy food options in our community. In working closely with refugees from around the world, you may acquire new cooking techniques and learn innovative ways to use produce you might not have heard about. This focus of this internship is for you to share your experiences with the community to bridge the gap between the food cultures of new and established Americans to increase healthy food options.