

## Holistic Care Programing

Program	Description	Eligibility Requirements	Hours	Contact
<b>Program of Initial Resettlement (or PIR)</b>	<ul style="list-style-type: none"> <li>• Case management up to 90 days after arrival</li> <li>• Connection to state benefits for eligible individuals, families, and children</li> <li>• Limited resettlement services to asylees within 30 days of asylum approval</li> <li>• Limited resettlement services to refugees/SIV/Afghan parolees moving to St. Louis within the first 90 days of arrival to the U.S.</li> <li>• Assistance with Affidavits of Relationships (AOR) for family reunification for recently arrived refugees</li> </ul>	<p>Any one of the following:</p> <ul style="list-style-type: none"> <li>• Refugees with proof of status (I-94)</li> <li>• SIV with proof of status (U.S. visa with entry date)</li> <li>• Asylee proof of status (Asylum status award letter signed by judge)</li> <li>• Refugees in the U.S 5 years or fewer with AOR (Affidavits of Relationship)</li> </ul>	<p>In-person only</p> <p>Monday - Friday 8 AM - 4 PM</p>	<p>Niloufar Safariyeganeh, Resettlement Manager</p> <p>By email: safariyeganehn@iistl.org</p> <p>or by phone: 314-655-0855</p>
<b>Refugee Support Services (RSS)</b>	<ul style="list-style-type: none"> <li>• Employability case management</li> <li>• Employment preparedness and planning</li> <li>• Screening and referral to job placement</li> <li>• Hiring assistance</li> <li>• Follow-up support</li> </ul>	<ul style="list-style-type: none"> <li>• Refugees, SIVs, parolees or asylees who have been in the U.S. fewer than 5 years</li> <li>• Individuals seeking employment or assistance retaining employment</li> <li>• Aged 16 to 64 (those aged under 18 must be seeking part-time employment)</li> </ul>	<p>Monday - Friday, 9am - 5pm</p>	<p>Suk Sapkota, Program Supervisor</p> <p>By email: sapkotas@iistl.org</p> <p>By phone 314-773-9090, Ext. 142</p>

Program	Description	Eligibility Requirements	Hours	Contact
<b>Matching Grant</b>	<ul style="list-style-type: none"> <li>• Employability case management, and financial assistance</li> <li>• Employment preparedness and planning</li> <li>• Screening and referral to job placement</li> <li>• Hiring process assistance</li> <li>• Follow-up support</li> </ul>	<ul style="list-style-type: none"> <li>• Newly arrived refugee, SIVs not on public assistance</li> <li>• OR Asylees and Humanitarian Parolees granted asylum</li> </ul> <p>And:</p> <ul style="list-style-type: none"> <li>• Motivated to gain early employment</li> <li>• Not accessing (Temporary Assistance for Needy Families (TANF), Refugee Cash Assistance (RCA))</li> </ul>	Monday - Friday, 9am - 5pm	<p>Spogmai Hashmi, Program Manager</p> <p>By email: hashmis@iistl.org</p> <p>By phone: 314-773-9090, Ext. 149</p>
<b>Missouri Refugee Temporary Assistance Connection (MO-RTAC)</b>	<ul style="list-style-type: none"> <li>• Support for Temporary Assistance for Needy Families (TANF) application and fulfillment of benefit requirements</li> <li>• Connection to Missouri Work Assistance Programs</li> <li>• Screening and referral to job placement</li> </ul>	<ul style="list-style-type: none"> <li>• Newly arrived refugee, Paroles</li> <li>• Asylees granted asylum within 90 days</li> <li>• Those qualifying for Temporary Assistance for Needy Families (TANF)</li> </ul>	Monday - Friday, 9am - 5pm	<p>Ali Aliyar, Employment Caseworker</p> <p>By email: aliyara@iistl.org</p> <p>By phone: 314-773-9090, Ext. 230</p>

Program	Description	Eligibility Requirements	Hours	Contact
<p><b>Social Work/ Preferred Communities</b></p>	<ul style="list-style-type: none"> <li>• Intensive case management (ICM) for one year or more including:               <ul style="list-style-type: none"> <li>○ Healthcare navigation</li> <li>○ Financial literacy/budgeting</li> <li>○ Parenting assistance</li> <li>○ Social support groups</li> <li>○ Government benefits assistance</li> <li>○ Connection to community resources</li> </ul> </li> <li>• Supporting additional needs</li> <li>• Short Term Case Management for 90 days</li> <li>• Referrals</li> <li>• System Navigation</li> </ul>	<p>ORR Eligible AND any of the following barriers:</p> <ul style="list-style-type: none"> <li>• Single-parent households</li> <li>• Parent/child issues</li> <li>• Physical and emotional health issues</li> <li>• Young adults without parents</li> <li>• Minors (under 18 years of age)</li> <li>• LGBTQ+</li> <li>• HIV positive</li> <li>• Substance abuse</li> <li>• Disabled</li> <li>• Secondary migrants</li> <li>• Survivors of trafficking/domestic violence/intimate partner violence</li> </ul>	<p>Monday - Friday, 8am - 5pm</p>	<p>Emily Rathjen, Program Manager</p> <p>By email: rathjene@iistl.org</p> <p>By phone: 314-655-0864</p>

Program	Description	Eligibility Requirements	Hours	Contact
<b>Behavioral Health</b>	<ul style="list-style-type: none"> <li>• Screening and assessment</li> <li>• Behavioral Health Literacy; coping skills, mindfulness, suicide prevention, etc.</li> <li>• Behavioral Health Case Management</li> <li>• Behavioral Health education and social events (ages 13-18)</li> <li>• Individual therapy: teletherapy, in-home, or office-based (ages 13-18)</li> </ul>	<ul style="list-style-type: none"> <li>• Youth aged 6-18 who reside in the City of St. Louis or attend an SLPS in the city with any of the following:</li> <li>• Special needs; cognitive, developmental, behavioral</li> <li>• Suicidality, suicidal attempts</li> <li>• LGBTQ+</li> <li>• Victims of domestic violence/ violence at home</li> <li>• Victims of child abuse or neglect</li> </ul>	<p>Monday - Friday, 8am - 5pm</p>	<p>Emily Rathjen, Program Manager</p> <p>By email: rathjene@iistl.org</p> <p>By phone: 314-655-0864</p>
<b>Mental Health Therapy</b>	<ul style="list-style-type: none"> <li>• Individual therapy (at home, on site, or virtual)</li> <li>• Various evidence-based therapeutic modalities (i.e., CBT, DBT, ACT, EMDR)</li> <li>• Suicide prevention</li> <li>• Safety planning</li> <li>• Behavioral health education; coping, mindfulness, grounding, hope building</li> </ul>	<ul style="list-style-type: none"> <li>• Youth aged 6-18 who reside in the City of St. Louis or attend an St. Louis Public Schools</li> <li>• Clients currently enrolled in Refugee Support Services (RSS), Intensive Case Management (ICM), or GAPS OR interested/eligible for enrollment in those programs</li> </ul>	<p>Monday - Friday, 8am - 5pm</p>	<p>Emily Rathjen, Program Manager</p> <p>By email: rathjene@iistl.org</p> <p>By phone: 314-655-0864</p>

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<b>Services to Older Refugees</b>	<ul style="list-style-type: none"> <li>• Case management</li> <li>• Quarterly meetings</li> <li>• Caregiver education</li> <li>• Education/ service clinics</li> <li>• Citizenship preparation</li> <li>• Application assistance/ benefits review: Missouri Property Tax Credit (MOPTC), Low Income Home Energy Assistance Program (LIHEAP), Metro Public Transit Senior Reduced Fare Permits, etc</li> <li>• Social events/ field trips</li> <li>• Individual mental health therapy</li> </ul>	<ul style="list-style-type: none"> <li>• Ages 60+ and one of the following: <ul style="list-style-type: none"> <li>○ Refugees, SIVs, or asylees</li> <li>○ Ukrainian Humanitarian Parolees (UHPs)</li> <li>○ Cuban, Haitian, Venezuelan and Nicaraguan Entrants</li> </ul> </li> </ul>	<p>Monday - Friday, 8am - 5pm</p>	<p>Emily Rathjen, Program Manager</p> <p>By email: rathjene@iistl.org</p> <p>By phone: 314-655-0864</p>
<b>Afghan Support Program</b>	<ul style="list-style-type: none"> <li>• Housing support: assistance finding a home, one month security deposit and 3 months' rent, 3 months utility coverage, household furnishings</li> <li>• \$50 (per person) Aldi gift cards until benefits are approved</li> <li>• Bus tickets (20 per individual)</li> <li>• Referral to other IISTL programs</li> <li>• Women's sewing classes</li> <li>• Afghan Entrepreneurship Grant</li> <li>• Men's and Women's Volleyball teams</li> </ul>	<ul style="list-style-type: none"> <li>• Afghan nationals with legal status in the U.S.</li> </ul> <p>*Additional intake application required for those outside the St. Louis area</p>	<p>Appointments preferred; walk-ins accepted</p> <p>Monday - Friday 9 AM - 5 PM</p>	<p>Sajjad Momand, <i>Relocation &amp; Resource Coordinator</i></p> <p>By email: momands@iistl.org</p> <p>By phone: 314-403-3530</p>

# Department of Education Programing

Program	Description	Eligible Parties	Hours	Contact/Registration
<b>Youth Programs</b>				
<b>After School Tutoring</b>	<ul style="list-style-type: none"> <li>Homework assistance</li> <li>English &amp; math practice</li> <li>other academic skill development</li> <li>social skill development</li> <li>job/college/scholarship Application assistance</li> <li>Recreational time (Thursdays)</li> </ul>	<ul style="list-style-type: none"> <li>Immigrant &amp; refugee high school students</li> <li>currently enrolled in local high schools</li> </ul>	Monday-Thursday 2:30 pm - 5:30 pm  Fall: Sept - Dec Spring: Jan - May	Katherine Schoeberle, Teen Program Coordinator  By email: schoeberlek@iistl.org  By call, text, or WhatsApp: 314-728-3428
<b>Teen Summer Learning</b>	<ul style="list-style-type: none"> <li>Themed educational activities (on-site &amp; off-site) focused on career development</li> </ul> <p>*2026 Theme: Creative Careers)</p>	<ul style="list-style-type: none"> <li>Immigrant &amp; refugee youth</li> <li>ages 14-21</li> </ul>	Monday-Thursday  12:00 pm - 4:00 pm July 13 - 30, 2026	Register online at: <a href="https://tinyurl.com/2t4m3mzs">https://tinyurl.com/2t4m3mzs</a>
<b>Youth Mentoring</b>	<ul style="list-style-type: none"> <li>Bi-weekly 1-on-1 contact with assigned mentor</li> <li>limited case management from staff</li> <li>monthly group events to support mentee's educational, vocational, and social goals</li> </ul>	ORR-eligible populations: refugees, asylees, SIVs, etc. <ul style="list-style-type: none"> <li>Ages 15 - 24</li> <li>In U.S. fewer than 5 years</li> </ul>	Various, schedule set by mentee-mentor pairs with staff assistance and check ins	Katherine Schoeberle, Teen Program Coordinator  By email: schoeberlek@iistl.org  By call, text, or WhatsApp: 314-728-3428

Program	Description	Eligible Parties	Hours	Contact/Registration
<b>Classes for Adults</b>				
<b>Low-Beginner English for Speakers of Other Languages (ESOL)</b>	<ul style="list-style-type: none"> <li>• Instruction focuses on building foundational skills in listening, speaking, reading, and writing for everyday life, work, and community participation.</li> <li>• The course prepares learners to increase their independence, confidence, and ability to function effectively in English-speaking environments.</li> </ul>	<ul style="list-style-type: none"> <li>• Must speak some English</li> <li>• Must be aged 18+</li> </ul>	<p>In-person: Monday-Tuesday 6:00pm - 8:30pm</p> <p>Virtual: Wednesday-Thursday 9:00am-11:30am</p>	<p>Register online at: <a href="https://tinyurl.com/5b23f4f5">https://tinyurl.com/5b23f4f5</a></p>
<b>Intermediate English for Speakers of Other Languages (ESOL)</b>	<ul style="list-style-type: none"> <li>• This course is designed for students who can communicate in familiar situations using simple English and are ready to build greater confidence and accuracy.</li> <li>• The course focuses on expanding vocabulary, strengthening essential grammar skills, and improving comprehension.</li> </ul> <p>*Bridge to College Students with a higher level of proficiency may be enrolled in this before or after that class if there are no other English classes at that time</p>	<ul style="list-style-type: none"> <li>• Must speak beginner level English</li> <li>• Must be aged 18+</li> </ul>	<p>In-person: Monday - Tuesday 6:00pm - 8:30pm</p>	<p>Register online at: <a href="https://tinyurl.com/5b23f4f5">https://tinyurl.com/5b23f4f5</a></p>

Program	Description	Eligible Parties	Hours	Contact/Registration
<p><b>Beginner Citizenship Preparation</b></p>	<ul style="list-style-type: none"> <li>• This course is designed for beginning-level English learners who are preparing for the U.S. citizenship interview and naturalization test.</li> <li>• Students develop basic English listening, speaking, reading, and writing skills while learning the vocabulary and information needed for the citizenship process.</li> <li>• By the end of the course, students will be better prepared to participate in the citizenship interview, answer civics questions, and demonstrate basic English proficiency with greater confidence.</li> </ul>	<ul style="list-style-type: none"> <li>• Beginner level English</li> <li>• Must be aged 18+</li> <li>• Lawful permanent residency</li> <li>• Minimum 3 years in the U.S.</li> </ul>	<p>In-person only: Monday 6:00 pm – 8:00 pm</p>	<p>Register online at: <a href="https://tinyurl.com/5b23f4f5">https://tinyurl.com/5b23f4f5</a></p>
<p><b>Intermediate Citizenship Preparation</b></p>	<ul style="list-style-type: none"> <li>• This course is designed for intermediate-level English learners who are preparing for the U.S. citizenship interview and naturalization test.</li> <li>• The course focuses on citizenship interview practice, civics test preparation, and effective communication strategies.</li> <li>• By the end of the course, students will be prepared to respond confidently to interview questions, demonstrate their knowledge of civics content, and complete the naturalization process.</li> </ul>	<ul style="list-style-type: none"> <li>• Intermediate-level English</li> <li>• Must be aged 18+</li> <li>• Lawful permanent residency</li> <li>• Minimum 4 years in the U.S.</li> </ul>	<p>In-person: Monday and Tuesday 6:00 pm – 8:30 pm</p> <p>Or virtual: Mondays 6:00 pm – 8:30 pm</p>	<p>Register online at: <a href="https://tinyurl.com/5b23f4f5">https://tinyurl.com/5b23f4f5</a></p>

Program	Description	Eligible Parties	Hours	Contact/Registration
<p><b>General Educational Development (GED)</b></p>	<ul style="list-style-type: none"> <li>• Students strengthen their English language skills while building the academic knowledge needed for success in mathematics, science, social studies, and language arts.</li> <li>• Students receive support through the entire process of attaining a GED diploma.</li> <li>• By the end of this course, students will demonstrate their knowledge through successfully passing the GED or Hi-Set examinations.</li> </ul>	<ul style="list-style-type: none"> <li>• High beginning and intermediate-Level English</li> <li>• Commitment to pursue GED (or HiSET)</li> <li>• Must be aged 18+</li> </ul>	<p>Monday - Tuesday 6:00 pm - 8:30 pm</p>	<p>Register online at: <a href="https://tinyurl.com/5b23f4f5">https://tinyurl.com/5b23f4f5</a></p>
<p><b>Bridge to College</b></p>	<ul style="list-style-type: none"> <li>• This course is designed for High-Beginning to Advanced learners who have a high school diploma, GED, or other alternative degree.</li> <li>• Students strengthen their skills in essay writing, sentence corrections, and grammar.</li> <li>• Students will also be introduced to college financial aid opportunities and the course requirements needed to succeed in community college.</li> <li>• By the end of this course, students will improve their academic communication skills, including writing a five-paragraph essay.</li> </ul>	<ul style="list-style-type: none"> <li>• Planning to attend college</li> <li>• High beginning to advanced level English</li> <li>• Have a high school diploma or GED</li> <li>• Must be aged 18+</li> </ul>	<p>Monday - Tuesday 6:00pm - 8:30pm</p>	<p>Register online at: <a href="https://tinyurl.com/5b23f4f5">https://tinyurl.com/5b23f4f5</a></p>

# Economic Empowerment Programing

Program	Description	Eligibility Requirements	Hours	Contact
<p><b>Move2STL (formerly Latino Outreach)</b></p>	<p>Relocation Support Services:</p> <ul style="list-style-type: none"> <li>• Relocation guidance</li> <li>• Housing assistance</li> <li>• Job placement support by direct connections to local employers</li> <li>• Education navigation by referrals to local universities, colleges, and English for speakers of other languages (ESOL) programs</li> <li>• Community Integration by invitations to community events, networking opportunities, and neighborhood tours</li> </ul> <p><i>*All services available in English and Spanish</i></p>	<ul style="list-style-type: none"> <li>• U.S. Citizen or Lawful Permanent Resident (green card holder)</li> <li>• Identify as Latino OR Asian American</li> <li>• Currently living outside the St. Louis area</li> <li>• Open to relocating to the St. Louis area (within 50 miles of downtown)</li> </ul>	<p>Monday - Friday 8 AM - 4 PM</p>	<p>Visit online at Move2STL.org</p> <p>Maximilianah Zales, <i>Director of Community Outreach</i></p> <p>By email: zalesm@iistl.org</p> <p>Or by phone: 314-655-0936</p>

Program	Description	Eligibility Requirements	Hours	Contact
<p><b>General Immigration Services</b></p>	<ul style="list-style-type: none"> <li>• Intake screening and referral to a certified immigration professional</li> <li>• Assistance with Central American Minor, Lautenberg, and N-400 (citizenship) applications and other USCIS applications</li> <li>• Assistance completing change of status forms and applications for status</li> </ul> <p><i>*Some federal applications may require payment of application fees; fee waivers available</i></p>	<ul style="list-style-type: none"> <li>• Varies by application</li> </ul> <p><i>*Services are fee-based; fee varies by service</i></p>	<p>Appointment only</p> <p>Monday - Friday 8am - 4pm</p>	<p>Najeebullah Noori, <i>Immigration Administrative Assistant</i></p> <p>By email: noorin@iistl.org</p> <p>Or by phone: 314-773-9090 Ext. 147</p>
<p><b>Immigration Legal Services</b></p>	<ul style="list-style-type: none"> <li>• General consultation</li> <li>• Assistance completing applications</li> <li>• Representation in employment-based application</li> <li>• Representation at USCIS and citizenship interviews</li> <li>• Representation in court proceedings</li> <li>• FOIAs (Freedom of Information Act requests) support</li> </ul> <p><i>*Some federal applications may require payment of application fees.</i></p>	<ul style="list-style-type: none"> <li>• Varies by application</li> </ul> <p><i>*Fees of \$500 and up apply; fees vary by service (pro bono service are available for qualifying clients—please inquire)</i></p>	<p>Appointments preferred; walk-ins accepted</p> <p>Monday - Friday 8am - 4pm</p>	<p>Najeebullah Noori, <i>Immigration Administrative Assistant</i></p> <p>By email: noorin@iistl.org Or by phone: 314-773-9090 Ext. 147</p> <p>Or Juan Narvaez, <i>Immigration Paralegal</i> by phone: 314-930-2885</p>